



DR. RANDOLPH'S  
AGELESS & WELLNESS  
MEDICAL CENTER



## Ageless and Wellness News

Volume 5, Number 7

---

### Looking to Lose Weight?

#### 3 Ways Hormones Sabotage Weight Loss



Hormone Imbalance can keep you from reaching your weight loss goals.

The normal formula: eat less + more exercise = weight loss doesn't always work. Find out why!

[Read Now](#)

#### How to Shape Up (& Keep Weight Off)



Mid section weight gain is a common symptom of many of our patients.

We want you to feel and look like your best self. Read this blog and get on the road to better health!

[Read Now](#)

---

### On Sale This Month: Chito-Slim

Buy One Get One 50% OFF - Sale Ends July 31st at 11:59pm

# SUMMER SLIM SALE

Are you looking to lose a little weight this summer? Chito-Slim helps suppress appetite and food cravings, and converts fat into a form the body can't absorb. Less fat enters the body, so previously stored fat gets burned for energy.



Buy one Chito-Slim, get another 50% off! Offer ends at 11:59pm EST 7/31/18

Shop Our Sale



## Follow us on Facebook!

Every week we post articles and interesting facts about hormone health. Stay up-to-date on the latest news and reach out to us today. We'd love to hear from you!

Follow Us



## Save 10% Every Saturday

Every Saturday is "Supplement Saturday" at the Wellness Store in Jacksonville Beach.

**Stop by our store on any Saturday and receive 10% off your supplement purchase!**

Location: **1891 Beach Blvd., Suite 100, Jacksonville Beach, FL 32250**

We're open Monday - Friday 8:00 a.m. - 6:00 p.m. and Saturday 9:00 a.m. - 2:00 p.m.

Call us at 904.249.HERB (4372)

[Offer ONLY available at the Wellness Store in Jacksonville Beach, Florida.  
Offer not available at online store.]

© **C.W. Randolph M.D., P.A.**  
904.249.3743  
[newsletter@cwrandolph.com](mailto:newsletter@cwrandolph.com)  
[www.agelessandwellness.com](http://www.agelessandwellness.com)

---

---

