



Your provider has designed an individual program to meet your hormone deficiencies, this program may include the following bioidentical hormones:

**ESTROGEN – *The Mothering Hormone***

- Improves heart health
- Improves skin elasticity and aging
- Supports bone health
- Support brain health
- Maintains healthy levels of cholesterol
- Reduces frequency and severity of night sweats and hot flashes

**PROGESTERONE – *The Feel Good Hormone & Protector***

- Balances the negative effects of estrogen
- Promotes regular sleep patterns
- Serves as a natural anti-depressant and reduces anxiety
- Anti-carcinogenic effects on breast and uterus
- Increases metabolism and promotes weight loss

**TESTOSTERONE – *The Energizing Hormone***

- Improves energy and cognitive function
- Improves libido
- Supports bone health
- Supports weight loss
- Improves muscle mass

**DHEA – *The Balancing Hormone***

- Supports healthy hormone levels
- Helps balance cortisol
- Provides energy
- Anti-aging support
- Modulates immune system
- Supports thyroid function

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