



DR. RANDOLPH'S
AGELESS & WELLNESS
MEDICAL CENTER



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Dr. Randolph



Click [HERE](#) to learn more about Dr. Randolph and the outstanding team of clinicians at the Ageless & Wellness Medical Center

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September Newsletter

Dear Ageless & Wellness,

Welcome to the new and improved Ageless & Wellness Medical Center Newsletter! Once a month you will receive highlights on national health news as well as information about the people and services that make the Ageless & Wellness Center your one-stop-shop for optimal aging support.

Important Update

You may have received an email from Women Evolving LLC/Genie James. Ms. James is no longer with the practice. Please let us know if you receive any unauthorized calls, mailings, or solicitation. As always, our focus at Dr. Randolph's Ageless and Wellness Medical Center is on YOU, our patient. Our talented and professional team will always be here for you. We are proud to be your clinicians of choice and appreciate the trust you place in us. Please call if you have any questions or concerns: 904.249.3743

Ovarian Cancer Awareness Month

[For Men](#)
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Join Our Mailing List!

In honor of Ovarian Cancer Awareness Month, the Ageless & Wellness staff will participate in **Wear Teal Day** this Friday, September 5th. Created by the Ovarian Cancer National Alliance, Wear Teal Day is the first Friday of every September, and is intended to show support for everyone whose lives have been touched by this deadly disease.



Dr. Randolph's mother lost her life to ovarian cancer in 2007, and his first wife succumbed in 2012. His daughter and two grand-daughters "Wear Teal" every year and are proud to raise awareness so that other families might be saved through early detection and research for a cure.

We invite you to join us and participate in this national event! Take photos and post them to your favorite social media with the hashtag #WearTeal.

For more information about Ovarian Cancer Awareness Month, check out the following links:

Ovarian Cancer National Alliance
www.ovariancancer.org

National Ovarian Cancer Coalition
www.ovarian.org

Ovarian Cancer Research Fund
www.ocrf.org

Upcoming Health & Wellness Events

Selected Classes Available
Through Baptist Health in
September:

HeartWise Eating Plan Class
September 9, 2014 6-9pm

AWHONN Jax Presents:
Women's Hearts ARE Different
September 18, 2014 6pm

Yoga Therapy for Breast Cancer
Survivors
September 25, 2014



<http://www.eventbrite.com/o/baptist-health-680056303>

Please let us know how we can help you on your path to optimal aging and wellness!

Sincerely,

Dr. Randolph
Ageless & Wellness Medical Center

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