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#### Dr. Randolph



Click HERE to learn more about Dr. Randolph and the outstanding team of clinicians at the Ageless & Wellness Medical Center

Dr. Randolph's Dispensary

### Ageless & Wellness News

Volume 1, Number 3

Dear Ageless & Wellness,

Welcome to the new and improved Ageless & Wellness Medical Center Newsletter! Twice a month you will receive a newsletter with highlights on national health news as well as information about the people and services that make the Ageless & Wellness Center your one-stop-shop for optimal aging support.

### "Team Dr. Randolph"



Here at the Ageless and Wellness Medical Center, our team is going strong! We recently showed our solidarity by surprising our founder with "Team Dr. Randolph" tee shirts. Dr. Randolph's unique approach to diagnosing and treating

# Featured Supplement:

#### Estrodim CDG



Combining the synergistic benefits of cruciferous vegetables, Indole-3 carbinole (I3C), and diindolylmethane (DIM) to support proper estrogen metabolism and breast health. \$44.95

To learn more, CLICK HERE.

Dr. Randolph's Dispensary



Natural Balance
Progesterone
Cream
\$29.95

Dr. Randolph's Signature

hormone imbalances has made him a medical pioneer. In addition to being a trailblazing physician, he's also a great team leader! Go Team Dr. Randolph!

#### **Breast Cancer Awareness Month**

This October, we are proud to participate in National Breast Cancer Awareness Month. Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some



point. However, as practitioners of functional medicine, we understand that the best "cure" for any disease is prevention! Using individualized prescriptions of bioidentical progesterone to treat estrogen dominance, the Ageless & Wellness Medical Center has an incredibly low incidence of breast cancer among patients. Multiple studies show that women who develop breast cancer tend to have higher estrogen levels than women without breast cancer. Other studies have documented that women who had been treated for breast cancer who continued to have high estrogen levels had a return of the disease sooner than breast cancer survivors with lower estrogen levels. Some types of breast cancer are "ER-positive," which means the cancer cells have receptors for estrogen. An ER-positive tumor is more likely to grow in a high-estrogen environment. By using bioidentical progesterone to balance and counteract the effects of estrogen dominance, cancer risk can literally be reduced.

Approximately 80% of women who develop breast cancer do not have a family history of it. Talk to one of our clinicians at your next visit about how you can protect your breast health. We can help you find the best combination of bioidentical hormone therapies and supplements for your individual needs.

For more information: National Breast Cancer Foundation, Inc. www.nationalbreastcancer.org

BreastCancer.org www.breastcancer.org

American Cancer Society www.cancer.org/cancer/breastcancer/

#WearTeal for Ovarian Cancer Awareness

#### Formulation

Join Our Mailing List!

#### Have Your Prescriptions Filled at

Dr. Randolph's Dispensary

8am-6pm Mon-Fri 9am-2pm Saturday

Suite 300 1891 Beach Blvd., Jacksonville Bch, FL 32250

904-746-3046 rx@cwrandolph.com

The Ageless & Wellness Medical Center team participated in last month's Ovarian Cancer Awareness #WearTeal event.

Next year, please join us on the first Friday of September 2015 to raise

awareness about the signs and symptoms of ovarian cancer. Together we can help save lives!





Please let us know how we can help you on your path to optimal aging and wellness!

Sincerely,

Dr. Randolph
Ageless & Wellness Medical Center

10%

# "Supplement Saturday" at Dr. Randolph's Dispensary

Save 10% on ALL SUPPLEMENTS -- Have your prescriptions filled while you shop our great new selection of supplements!

Offer Available ONLY on Saturday, October 11, 2014

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