

We Can Help You Find A Better Way to Better Health and Optimal Aging!



DR. RANDOLPH'S
AGELESS & WELLNESS
MEDICAL CENTER



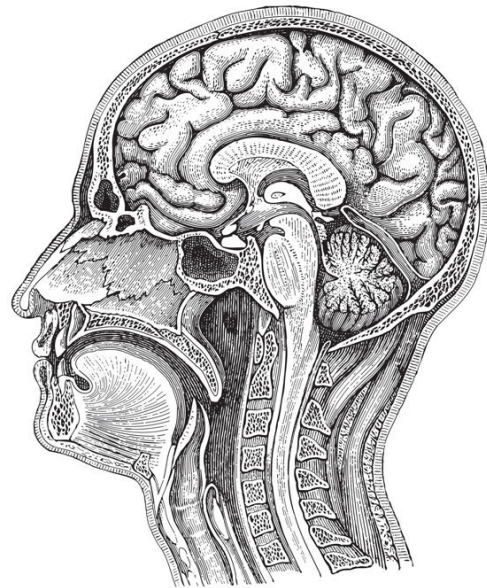
Ageless & Wellness News

Volume 4, Number 14

3 Ways to Improve Your Mood, Cognition, and Memory

"I just can't think straight today!"

Your brain is the largest and (arguably) the most important organ in your body -- without it, "you" cannot function! When stress, low moods, fatigue, and brain fog arise, your brain definitely needs support to function optimally.



Read more about how balanced hormones and nutritional supplements can provide powerful mood, cognition, and memory support.

Brain Booster Package
(On Sale Until September 30th)



The Brain Booster Package helps support brain health. Three unique formulas improve cognition, memory, stress management, sleep, and mood regulation. What brain wouldn't benefit from a boost?

Brain Mag

- Only Form of Magnesium Proven to Cross Barrier from Blood to Brain
- Helps to Improve Healthy Cognition
- Helps to Improve Long and Short Term Memory
- Helps to Improve Stress Management and Sleep

Pregnenolone

- Promotes Normal Hormonal Balance
- Helps Maintain Healthy Memory and Cognitive Function
- Supports Mood Regulation
- Supports the Stress Response System by Acting as Hormonal Precursor

Sharp Memory

- Helps Support Normal, Healthy Cognitive Function
- May Support the Health of Brain Tissue

[Take Me to the Wellness Store!](#)

**#IrmaRecovery
#FloridaStrong**

From Dr. Randolph and everyone at the Ageless and Wellness Medical Center:

"Our thoughts and prayers go out to those throughout Florida who are struggling with power outages, damaged or destroyed homes, flooded neighborhoods – and all the frustrations, stresses, and fears that come with a disaster of this magnitude.

We also offer up a huge **thank you** to all the Floridians and out-of-state volunteers who have helped, and continue to help us recover our homes and our lives. **Together, we are 20 million #FloridaStrong!**"

<https://www.playhardflorida.com/shop/articles/florida-hurricane-recovery/floridastrong-is>



SAVE 10% EVERY SATURDAY



Every Saturday is "Supplement Saturday" at the Wellness Store in Jacksonville Beach. Stop by our store on any Saturday and receive 10% off your supplement purchase!

Location: 1891 Beach Blvd., Suite 100, Jacksonville Beach, FL 32250
We're open Monday - Friday 8:00 a.m. - 6:00 p.m. and Saturday 9:00 a.m. - 2:00 p.m.
Call us at 904.249.HERB (4372)

[Offer ONLY available at the Wellness Store in Jacksonville Beach, Florida. Offer not available at online store.]

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