Sexual Health

The O-Shot®
The Priapus Shot®

When your hormones are back in balance, life changes for the better! Your energy improves, you sleep better, and you lose weight more easily. Often, our patients also experience improved libido and sexual vitality.

At the Ageless & Wellness Medical Center, we believe that sexual health is an important aspect of every person’s quality of life, no matter your age or past experiences. To help our patients who wish to take the next step toward optimal sexual health, we now offer two Sexual Health Treatments: the “O-Shot®” (also called the “Orgasm Shot®”) for women and the “Priapus Shot®” for men.

What is it?
The O-Shot® and the Priapus Shot® are medical procedures developed and trademarked by Dr. Charles Runels, M.D. He was the first to apply an established technique using platelet-rich plasma to increase blood flow and create new tissue — for the purpose of sexual health. Both Dr. Randolph and Steven Garces, ARNP, MSN, have been trained and certified to provide the O-Shot® and Priapus Shot® treatments.

How does it work?
Platelet-rich plasma (PRP) extracted from a simple blood draw is injected into your body in strategic locations to rejuvenate the tissue. The result is new tissue growth and increased blood flow. For more than 15 years, medical professionals have been using PRP to promote post-operative healing after trauma. This technique has been used for professional athletes; by injecting PRP into joint cartilage, players can recover more quickly from injury and be back on the field stronger than before.

The use of PRP for tissue rejuvenation takes advantage of the natural healing factors of your own body! The O-Shot® and Priapus Shot® use the same material that your body used to heal a scraped knee when you were a kid — growth factors and stem cells that stimulate wound healing. The results are: new collagen, new blood vessel formation, and enlargement of fat cells, with no abnormal cell formation.

Who is it for?
For women who have experienced vaginal changes due to childbirth, problems with urinary incontinence, or pain with intercourse, the O-Shot® can significantly improve sexual health and quality of life. As men age, the tissue in the penis changes and problems with blood flow can lead to difficulty with erections. The Priapus Shot® literally regrows new tissue and new blood vessels to rejuvenate men’s erections.

What are the benefits?
• Improved sexual responsiveness
• Improved blood flow
• Cured urinary incontinence (95% effective)

Are there any risks?
Medical research contains no reports of serious side effects from PRP prepared with FDA-approved kits. The platelet-rich plasma used in the procedure is extracted from your blood, so there is no foreign material used in the process — it is the same material your body naturally produces to heal.

For optimal sexual health... schedule your “Shot” today!